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The Art of Moving

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Jennifer Heider
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The Art of Moving

I believe in moving. Whether you are moving from state to state, or moving from a
school to different school, I believe moving can help a person grow in a multitude of ways.
Moving from one environment or culture to another can have profound effects on a person’s
growth. I was born in Rhode Island, and lived in Boston, Ohio, Philadelphia, and Atlanta. At a
young age, I was humbled by the vast differences in cultures in each place I lived. The world is
truly macrocosmic and I quickly discovered my little town I previously thought the world
revolved around actually had little to no impact on the significant events in the world.

Each time my family and I moved, we were submerged in a location we knew nothing
about and an environment in which we did not have any personal connections. I learned how to
make friends, keep friends, and how to work with different types of people. As I got older, I
realized how to adequately employ leadership qualities and began utilizing them to be the best,
well-rounded person I could be. Moving to different states rapidly, I was able to wipe the slate
clean and go into the different environment without anything holding me back. Although it was
nerve racking, scary, and stressful, I had the opportunity to start a new life from scratch in every
new location. Moving brought my attention to social skills amongst friends, coworkers,
strangers, and family that were priceless and helped me understand the affect my character could
have on another person.

I am the first to admit moving states is not a task that I welcome with open arms due to
the tough aspect of extracting me from my comfort zone. However, moving can push you toward
a better understanding of life and the world around you.